



90x90 Feedback

The following comments were taken from feedback cards filled out by participants in the **90x90** volunteer program at Church of the Saviour this Lenten season and beyond.

Golden Age Center of Cleveland:

Barbara Caldwell: "This was wonderful and fulfilling!! God led me to people who thought they did not want to participate-Smiles! Made Easter eggs and sang songs."

Ros Collins: "Towers-Wesley Class put on an Easter party for approximately 25 senior citizens, coloring hard-boiled eggs, laughing at Martha Manning's silly wind-up Easter toys and singing songs to Mariann Riter's piano playing. We had as much fun as they did and we all felt a new bond of friendship. God was at work in this fun-filled afternoon!"

Eleanor Foster: "Decorating eggs, singing with and talking to seniors was a pleasure. They were enthusiastic and wanted us to come often. One man especially needed to talk about how seizures changed his life. All were grateful. Reinforces the personal interest needed. Just a few minutes a week are such an encouragement and recognition of caring for these seniors. Reinforces the blessing that the visitor receives. I felt so good interacting with them, learning a little about their lives. God really worked when we sang together. They loved it."

Mary Lou Burnett: "We helped seniors decorate Easter eggs and joined them later in a sing-along. They were warm and appreciative. Surely God was at work there minimizing the social, educational and monetary differences we represented and showed us we are all His children and can get along together so well."

Diane Deuring: "Towers Class went to the center on Lakeshore and 166th where we helped a group to color Easter eggs then all enjoyed a sing along."

Marty Bergman: "Went with Tower-Wesley Class. Colored eggs and had a sing-a-long"

The City Mission: Laura's Home

Jean Erickson: "The home is for abused/homeless women and their children. I worked in the clothing room doing organizing. A mother of a 3 month old came in and it was great to be able to help her find clothes she liked and needed for her baby."

The **90x90** program has been created to involve the congregation in service, and to stretch each person outside his or her comfort zone and into our community. Each member of our congregation is asked to volunteer 90 minutes of their time to a charitable agency, and the goal is to complete their service within 90 days. **Ninety Minutes in 90 Days!** The Homeless and Homebound is our theme this year, and the 90-day period for volunteering **runs during Lent** from March 9 to June 6. There will be several agencies from which to choose, with the agencies and their opportunities are listed below.

One aspect of the program that is unique to most volunteer efforts is our inclusion of prayer during the 90 days. Each agency has been asked to submit a prayer request. Congregation members have volunteered to pray for the agencies. Attached below is a list of prayer requests for all the agencies for this year.

If you would like to participate as a volunteer and/or a prayer partner, check the 90x90 agency list for volunteer opportunities and call the agency representative listed. And please pray for the agencies which are doing an amazing job for our community.

Questions? Contact Juanita Taylor at 330 659-2009 or jajuarez1@yahoo.com.

90 Minutes in 90 Days

FOCUS: HOMELESS AND HOMEBOUND AGENCIES

VOLUNTEER EXPO CONTACT DIRECTORY

MARCH 2011

ORGANIZATION **ABINGDON ARMS, Interact
Cleveland Community Meals**
CONTACT Lauren Bowen
ADDRESS 11501 Mayfield Road
Cleveland, OH
WEBSITE None
PHONE 216-307-4374
E-MAIL llbowen46@gmail.com

CURRENT OPPORTUNITIES FOR INDIVIDUALS

We serve up to 75 residents the fourth Wednesday of the month. For 90x90, we will serve April 28. Members of our congregation have the opportunity to assist in this ministry by helping to set up and serve the meal from 4:00-6:30 p.m. on serving days. Residents are served family style and there is ample opportunity for fellowship and community. We even have had Cub Scouts carol and serve dessert, and are eager for other groups to share their talents. Those unable to join us at Abington Arms often provide the casserole or main dish within their home and bring it to the church by 2:00 p.m. on serving day, where volunteers bake it and transport it to Abington Arms. This is a "Family Friendly" opportunity.

PRAYER REQUEST

That this ministry will serve the Abington Arms residents with both physical and spiritual refreshment.

ORGANIZATION **BEREA CHILDREN'S HOME AND
FAMILY SERVICES**
CONTACT Joan Sila
ADDRESS 202 East Bagley Road
Berea, OH 44017
WEBSITE www.bchfs.org
PHONE 440-260-8226
E-MAIL jsila@bchfs.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

Donation Center Clean Up
Come help organize our donation center at 434 Eastland Road in Berea, Ohio. It is the hub for all of our in-kind donations such as school supplies, games, baby accessories, etc. Volunteer opportunities available Mon.-Fri. from 9 am. To 4 p.m..
Family Life Child Care Center of Maple Heights: Love being around children? Come read to the children at our Family Life Child Care Center of Maple Heights. Reading opportunities are available Mon. – Fri. from 9 a.m. to 4 p.m. Additionally, we are in need of volunteers to organize the center's storage room Mon. – Fri. from *:30 a.m. -6 p.m..(Family Friendly)
Building and Grounds Beautification: Have a green thumb. Use your love of the outdoors and come help us clean up and beautify our flower beds located at 202 East Bagley Road in Berea, OH. Our Buildings & Grounds Dept. will provide you with instructions and all the necessary materials. Day and time will be determined by weather

PRAYER REQUEST

Prayers for the clients and prayer support for the employees.

ORGANIZATION **BROADWAY MEALS**
CONTACT Melinda Carter, Church of the Saviour
ADDRESS Broadway United Methodist Church
5246 Broadway
Cleveland, OH 44127
WEBSITE www.thebroadwayumc.org
PHONE 216-382-7704
E-MAIL melindacarter@sbcglobal.net

CURRENT OPPORTUNITIES FOR INDIVIDUALS

"Family friendly" (age 10 and up). Church of the Saviour volunteers prepare and serve meals the last Saturday of each month. The time involved is from 3 to 6 p.m. at Broadway United Methodist Church. Six volunteers per

meal are needed. The date available is Saturday, March 26, from 3-6 p.m. Contact Melinda for other volunteer opportunities at Broadview UMC.

PRAYER REQUEST

Please pray that Broadway UMC can continue to faithfully serve their neighborhood

ORGANIZATION **THE CITY MISSION**
CONTACT Carrie Rickenberg
ADDRESS 5310 Carnegie Ave
Cleveland, OH 44103
WEBSITE www.thecitymission.org
PHONE 216-431-3510
E-MAIL crickenberg@thecitymission.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

CROSSROADS: Facilities Assistant: grass cutting, cleaning windows, etc.

PATHWAYS: Saturday Club lunch preparation and cleanup: Family Friendly

LAURA'S HOME: (Family Friendly)

- Clothing Room- work for women and children 5+
- Family activities for the women and children (stories, game night, skits, etc.)

PRAYER REQUEST

We always need prayer for our clients, that they would continue to allow God to transform them each day. We need prayer for their transition into the workforce, as well as their search for housing.

ORGANIZATION **CLEVELAND FOOD BANK**
CONTACT Alan Fratus, Volunteer Manager
ADDRESS 15500 South Waterloo Road
Cleveland, OH 44110
WEBSITE www.clevelandfoodbank.org
PHONE 216-738-2053
E-MAIL afratus@clevelandfoodbank.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

Opportunities for groups, including teens (accompanied by adult), to sort, box and load food for distribution to food centers, and some work in the kitchen. Shifts are daytime Monday through Friday, and some evening shifts. Call Joan with the number in your group.

PRAYER REQUEST

To pray for volunteer groups and for continued support from our community for food and donations to distribute to food centers.

ORGANIZATION **CORY HUNGER CENTER at Cory United Methodist Church**
CONTACT Gerry Bolden
ADDRESS 1117 East 105th Street
Cleveland, OH 44108
WEBSITE coryumc.org
PHONE 216-451-0577 (call Mon, Tues, Thurs. between 8:30-12:30)
E-MAIL geraldinebolden@yahoo.com

CURRENT OPPORTUNITIES FOR INDIVIDUALS

Daytime volunteering to help with meals served. Days are Monday, Tuesday, and Thursday between 8:30 a.m. and 12:30 p.m.

PRAYER REQUEST

We are now serving 2,000 meals a month, so we need whatever the Lord can bring to keep this program going.

ORGANIZATION **MAY DUGAN MULTI-SERVICE CENTER**

CONTACT Blanca Figueroa, Volunteer Coordinator
ADDRESS 4115 Bridge Avenue
Cleveland, OH 44113
WEBSITE maydugancenter.org
PHONE 216-631-5800 #121
E-MAIL bfigueroa@maydugancenter.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

Fourth Tuesday of every month: food prep/organizing for food distribution. Fourth Wednesday of every month: food distribution

PRAYER REQUEST

Prayers and guidance on the big fundraiser they are having for their 40th year anniversary, and for it to be fruitful and that all involved will work well together.

ORGANIZATION **GOLDEN AGE CENTERS OF GREATER CLEVELAND**

CONTACT Lynn Krumholz, Director of Marketing
ADDRESS 12200 Fairhill Road
Cleveland, OH
WEBSITE www.goldenagecenters.org
PHONE 216-231-6500, Ext. 120
E-MAIL lkrumholz@goldenagecenters.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

A variety of volunteer opportunities which benefit low income, frail and isolated seniors served by the agency throughout its community sites. These include ongoing or one time direct service opportunities such as teaching craft classes, activities assistant for running or participating with seniors with games such as Bingo, Pinochle and cards; leading a variety of exercise activities at varying levels, helping serve group lunchtime

meals, delivering home delivered meals to homebound seniors in conjunction with GAC staff, providing an educational program or talk on any topics of interest (including Bible study), playing piano or providing musical entertainment, organizing and executing a holiday party and socializing with seniors, leading a storytelling or reminiscing group, becoming a special friend to a senior in need by visiting, reading mail, etc., providing weekly phone calls to homebound seniors to help them socialize, which can be done from your home. All of these activities can be done individually or as a group or family, and are available Monday-Friday from 8:30 a.m. to 4:30 p.m. throughout various locations "Family Friendly"

PRAYER REQUEST

Seniors coping with loss of physical and mental functioning, struggles to make ends meet financially, as well as those who are isolated and in need of a helping hand.

ORGANIZATION	INTERFAITH HOSPITALITY NETWORK
CONTACT	Sarah Cruise
ADDRESS	2537 Lee Road Cleveland Heights, OH 44118
WEBSITE	ihncleveland.org
PHONE	216-325-1385
E-MAIL	ihnexec@sbcglobal.net

CURRENT OPPORTUNITIES FOR INDIVIDUALS

We need to continue this ministry to homeless families at Church of the Saviour .Three weeks per year the church would host 4-5 families (up to 14 people) for a week. Evening meals are provided by church volunteers, and some time to interact with families. Our church needs 2 mission leaders to be the overall planners and a 4 person coordinating team. Training and support is provided. A wonderful mission field in your own back yard!

PRAYER REQUEST

Pray for 2-4 people to "team" to coordinate at Church of the Saviour. What a great opportunity for 3-4 couples or moms with kids to partner and make coordinating IHN a part of their children's growing up!

ORGANIZATION	JUDSON PARK
CONTACT	Laura Templar, Volunteer Coordinator
ADDRESS	2181 Ambleside Road Cleveland Heights, OH 44106
WEBSITE	judsonretirement.com/park.html
PHONE	216-791-2359
E-MAIL	ltemplar@judsonsmartliving.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS: GROUP ONLY (Family Friendly):

Six Adults and six children (any age) will be hosting and Outdoor Social on the patio (or inside if inclement

weather). The date is Saturday, June 4, from 3:15-4:45 p.m. Intergenerational activities with elderly residents – games, serving refreshments, visiting with residents, etc. INDIVIDUALS: Judson would love to have individuals Make a weekly commitment to visit the residents- to help wheel folks to activities and appointments, to read to them, and to socialize with residence.

PRAYER REQUEST

Pray for the health of Judson residents and the wonderful volunteers who enrich the residents' live.

ORGANIZATION	LIGHTHOUSE, INC.
CONTACT	Bonnie Moorman
ADDRESS	1360 E. 9 th St. Suite 200 Cleveland, OH 44114
WEBSITE	www.urbanlighthouse.org
PHONE	216-236- 4673
E-MAIL	bonnie@urbanlighthouse.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

RESCUE THE PARISHING: This is a homeless ministry: shares storage space with Lighthouse at Christ the King Church.

FEEDING THE HUNGRY: Every Tuesday, starting at 7:00 p.m., volunteers meet at the Mental Health Services building parking lot, 1744 Payne, Cleveland, OH 44114, to serve food to the homeless. Volunteers park in the parking lots at East 17th St. and Payne and walk over to this parking lot. Then they caravan over to Northpoint (about a block away). Northpoint is a halfway house for men to become accustomed to normal life, before they move into an apartment. There is parking at Northpoint. Volunteers serve food in their dining room.

HEAVEN'S TRAIN: Every Saturday the Blue Bus goes into the Central neighborhood to bring Christ into the community. The children board the bus and have a service geared toward them, Contact Bonnie for more information

PRAYER REQUEST

- loving, compassionate volunteers interacting with the kids each Saturday at Heaventrain
- more tutors for the tutoring program at East Tech High School
- the Summer Food Service Program sites would feed many children and the program would run smoothly
- that many children, youth, and adults would come to know what Jesus has done for them and believe in Him.

Rescue the Perishing

- that the basic needs of the homeless would be met.
- that those who are trying to re-enter "normal" life would be courageous and strong, trusting God.
- that through this ministry the homeless would come to know what Jesus has done for them and believe in Him

there are needs for people who sew to make cozies for the meals. Patterns will be provided.

PRAYER REQUEST

For funds for the program so more clients can be served, and for more volunteers to serve more clients.

ORGANIZATION **MCGREGOR HOME**
 CONTACT Judy Simon
 ADDRESS McGregor: 14900 Private Dr.
 East Cleveland, OH 44112
 At Overlook Facility: 2187 Overlook
 Cleveland, OH 44106
 WEBSITE www.mcgregoramasa.org
 PHONE 216-851-8200
 Overlook: 216 721-0935
 E-MAIL judy.simon@mcgregoramasa.org

ORGANIZATION **NEW LIFE COMMUNITY**
 CONTACT Jackie Ladue
 ADDRESS 3470 E. 152nd St.
 Cleveland, OH 44120
 WEBSITE www.newlifecomm.org
 PHONE 216-751-7301 ext, 211
 E-MAIL Jackie.ladue@newlifecomm.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

McGregor: Weekly Bingo Game on 3rd Floor Wed. Morning at 10; Transport residents to Tooties by wheel chair to get ice cream Thursday afternoons in March; Friday evenings: Transport residents in wheelchairs to community room for a comedy show, Friday Evenings: transport residents in wheelchairs to Community Room For a "Drive-in Movie", also, participate in individual parties held monthly-ask for dates

At Overlook: The folks would love extra company on weeknights from 6-8 p.m., which is "family friendly". Weekend afternoons help is needed to play games, also you can read the newspaper to the residents, discuss current events, or if you have a special talent like singing or the piano, the residents would love to see you. Any Ideas are welcome!

PRAYER REQUEST

- Health of our residents
- Desire to have more helpers at Overlook-after school, evenings from 6-8p.m. and weekend visits

CURRENT OPPORTUNITIES FOR INDIVIDUALS

The greatest need is for people to help clean apartments after a family moves out. Also needed are apartment set-up assistants, donation room assistants, landscape maintenance assistants, For our job training program: professional development instructors and job search assistants. For our Children: extracurricular activities instructors, evening childcare and tutors. For special events: help with mother's Day Appreciation Brunch in May. "Family Friendly" opportunities available.

PRAYER REQUEST

Pray that we will continue teaching, inspiring, and empowering homeless, jobless families to transition to a self sufficient life.

ORGANIZATION **MEALS ON WHEELS: Shaker Heights, Beachwood, University Heights**
 CONTACT Shirley Baldwin
 ADDRESS 3550 Northfield Road #330
 Shaker Heights, OH 44122
 WEBSITE www.mealcall.org/meals-on-wheels/oh/shaker-heights.htm
 PHONE 216-991-6376
 E-MAIL Baldone100@hotmail.com

ORGANIZATION **TRI-CITY CONSORTIUM ON AGING**
 CONTACT Corinne Dunn, Volunteer Coordinator
 ADDRESS 1370 Victory Drive
 South Euclid, OH 44121
 WEBSITE www.tri-cityseniors.org
 PHONE 216-291-3902
 E-MAIL dunnc@tri-cityseniors.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

We have opportunities for delivery, making paper bag hot meal holders, donations for subsidized meals, and for board members. Also, for those who cannot travel,

CURRENT OPPORTUNITIES FOR INDIVIDUALS

- In-home computer assistance/instruction
- Garage or basement cleaning
- *Errand running
- *Spring yard cleanup
- Touch-up exterior painting
- Gift basket preparation and delivery to individuals
- *Garden planting
- Snow shoveling (March)
- Mulching
- Closet organization
- Window washing
- Spring Cleaning
- *Create cards to send to homebound individuals

* indicates "Family Friendly" jobs
Call Corinne for more ideas

PRAYER REQUEST

Continued prayer for older adults who do not have financial resources or family support..

ORGANIZATION	WESTSIDE COMMUNITY HOUSE
CONTACT	Dawn Kolograf
ADDRESS	9300 Lorain Avenue Cleveland, OH 44102
WEBSITE	www.wschouse.org
PHONE	216-771-7297, Ext. 325
E-MAIL	dkolograf@wschouse.org

CURRENT OPPORTUNITIES FOR INDIVIDUALS

"Jumper" to help deliver meals (18 years+)

Mon.-Fri. 9 a.m.- 4p.m.

Receptionist (21 yrs.+)

Mon.-Fri. 9 a.m.-2 p.m.

Cleaners to help clean/organize our building

Mon.-Fri. 7 a.m.-5 p.m.

Women to speak at Sisterhood on various topics

(21yrs+) Mon.-Fri.4:30 p.m.-6 p.m.

Saturday Maintenance Jobs – Adults with Teenagers

(Painting & Fixing)

PRAYER REQUEST

-For our 160 homebound seniors to whom we deliver meals 5 days a week

- For our 10-15 year old girls in the Sisterhood program: that they'll read the lofty goals we set for them

<p style="text-align: center;">Tri-City Consortium on Aging</p> <p style="text-align: center;">Prayer Request:</p> <p>Continued prayer for older adults who do not have financial resources or family support..</p>	<p style="text-align: center;">Berea Children’s Home and Family Services</p> <p style="text-align: center;">Prayer Request:</p> <p>. Prayers for the clients and prayer support for the employees.</p>
<p style="text-align: center;">The City Mission</p> <p style="text-align: center;">Prayer Request:</p> <p>We always need prayer for our clients, that they would continue to allow God to transform them each day. We need prayer for their transition into the workforce, as well as their search for housing.</p>	<p style="text-align: center;">Broadway Meals</p> <p style="text-align: center;">Prayer Request:</p> <p>Please pray that Broadway UMC can continue to faithfully serve their neighborhood</p>
<p style="text-align: center;">Westside Community House</p> <p style="text-align: center;">Prayer Request:</p> <p>-For our 160 homebound seniors to whom we deliver meals 5 days a week - For our 10-15 year old girls in the Sisterhood program: that they’ll read the lofty goals we set for them</p>	<p style="text-align: center;">Interfaith Hospitality Network</p> <p style="text-align: center;">Prayer Request:</p> <p>. Pray for 2-4 people to “team” to coordinate at Church of the Saviour. What a great opportunity for 3-4 couples or moms with kids to partner and make coordinating IHN a part of their children’s growing up!</p>
<p style="text-align: center;">McGregor Home</p> <p style="text-align: center;">Prayer Request:</p> <p>-Health of our residents -Desire to have more helpers at Overlook-after school, evenings from 6-8p.m. and weekend visits</p>	<p style="text-align: center;">May Dugan Multi-Service Center</p> <p style="text-align: center;">Prayer Request:</p> <p>Prayers and guidance on the big fundraiser they are having for their 40th year anniversary, and for it to be fruitful and that all involved will work well together.</p>

<p>New Life Community</p> <p>Prayer Request:</p> <p>Pray that we will continue teaching, inspiring, and empowering homeless, jobless families to transition to a self sufficient life.</p>	
<p>Abington Arms</p> <p>Prayer Request:</p> <p>That this ministry will serve the Abington Arms residents with both physical and spiritual refreshment.</p>	
<p>Cory Hunger Center</p> <p>Prayer Request:</p> <p>We are now serving 2,000 meals a month, so we need whatever the Lord can bring to keep this program going.</p>	
<p>Shaker Heights Beachwood University Heights Meals on Wheels</p> <p>Prayer Request:</p> <p>For funds for the program so more clients can be served, and for more volunteers to serve more clients</p>	

<p style="text-align: center;">Judson Park</p> <p style="text-align: center;">Prayer Request:</p> <p>Pray for the health of Judson residents and the wonderful volunteers who enrich the residents' live</p>	<p style="text-align: center;">Cleveland Food Bank</p> <p style="text-align: center;">Prayer Requests:</p> <p>To pray for volunteer groups and for continued support from our community for food and donations to distribute to food centers.</p>
<p style="text-align: center;">Golden Age Centers of Greater Cleveland</p> <p style="text-align: center;">Prayer Request:</p> <p>Seniors coping with loss of physical and mental functioning, struggles to make ends meet financially, as well as those who are isolated and in need of a helping hand.</p>	<p style="text-align: center;">Lighthouse, Inc.</p> <p style="text-align: center;">Prayer Request:</p> <ul style="list-style-type: none"> • loving, compassionate volunteers interacting with the kids each Saturday at Heaventrain • more tutors for the tutoring program at East Tech High School • the Summer Food Service Program sites would feed many children and the program would run smoothly • that many children, youth, and adults would come to know what Jesus has done for them and believe in Him. <p>Rescue the Perishing</p> <ul style="list-style-type: none"> • that the basic needs of the homeless would be met. • that those who are trying to re-enter "normal" life would be courageous and strong, trusting God. • that through this ministry the homeless would come to know what Jesus has done for them and believe in Him